



# Butterfly Wrist Cuff

and use very light strokes. You can go back and add more color if you want to, after step 5. Create blends by using more or darker strokes at the center points of each shape, lightening them as you go outward.

5. Place the colored fabric on a towel or ironing board, and place the paper on top of it. Using the hottest setting, press an iron over the paper. This will set the color into the fabric and remove any excess wax. Lift and press for a few minutes, until no more wax is being released onto the paper.

6. Embroider the butterfly design according to the pattern.

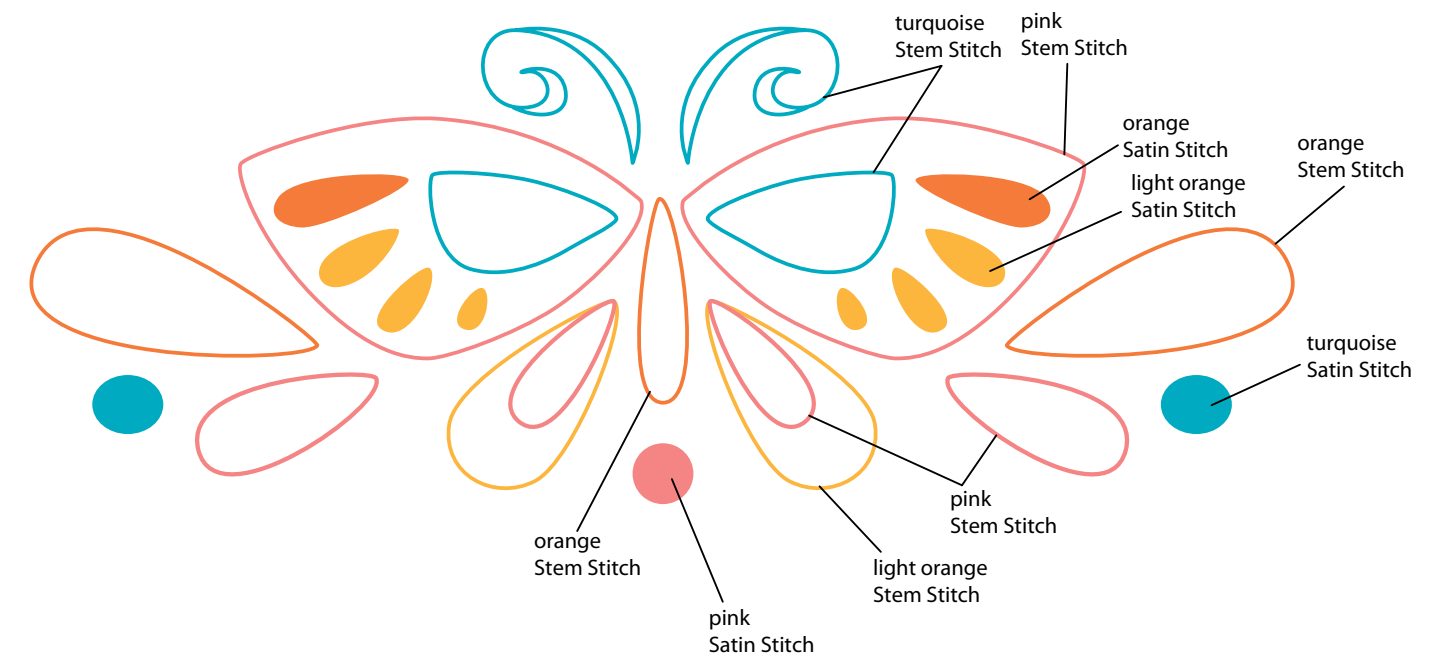
7. Cut out the two wrist cuffs ½ inch (1.3 cm) outside the template edge. Pin them together with right sides facing. Stitch them together around the edge, leaving one end open.

8. Trim off the stitched corners, clip the curved seam allowances, and turn the wrist cuff right side out. Push out the seams and press them flat.

9. Turn under the raw edges at the open end and sew it closed by hand.

10. Sew a Blanket Stitch with aqua floss all around the edge of the wrist cuff.

11. At one end, cut a ½-inch (1.3 cm) slit through both layers of fabric and use the Overcast Stitch around it to create a buttonhole. Sew the button on at the other end.



Enlarge 125%

